December 2024

Welcome

The Whalley Town Centre is home to multi-generational facilities offering adults 55+ a wide range of activities to meet community needs and promote health and wellness.

Facility Hours

| Chuck Bai | ley | |
|-----------|-----|--|
|-----------|-----|--|

| Monday - Thursday | 9:00am - 9:00pm |
|-------------------|-----------------|
| Friday - Sunday | 9:00am - 4:00pm |

North Surrey Sport & Ice Complex

| Monday - Wednesday | 8:00am - 9:00pm |
|--------------------|-----------------|
| Thursday | 6:00am - 9:00pm |
| Friday | 8:00am - 9:00pm |
| Saturday - Sunday | 8:00am - 8:00pm |

Winter Break

December 23 - January 59:00am - 4:00pmLooking to volunteer*Facility will be closed on December 25 - 26Learn more online atand January 1.https://www.surrey.cd

Volunteers

Below are our greatly appreciated volunteers who help out on a regular basis with our Senior's Programs: Bingo — Cynnamon & Terry Bridge — Colette & Doreen Carpet Bowling — Warren Choir — Diane H. Food Services — Bob, Craig, Debbie, Gertie, Joyce K., Marge, Peter, Sandy, Warren & Wendy Knitting — Eniko Painting for Pleasure — Joyce M. & Maxine Pottery — **Diane M.** Table Tennis — Kim & Nancy Snooker/Pool — **Steadwick** Xin Jiang - Uyghur Dance — Lanying Advisory Committee — Colette, Diane H., Frank, Glynnis, Joyce M., & Maxine Looking to volunteer with the City of Surrey? https://www.surrey.ca/about-surrey/

Seniors Services Membership & Membership Activities

The City of Surrey's Seniors Services Membership (55+) gives you local and citywide access to welcoming recreation, social spaces, and fun ways to connect with your community. For \$30/ year, enjoy access to free or nominal fee volunteer-led registered drop-in activities, events, and clubs, as well as discount pricing on select 55+ registered programs. Looking to try a program out? Join us for up to 3 free drop ins. All 55+ Drop In Membership Activities require registration before attending. You can register online, by phone or by stopping by any City of Surrey Recreation Centre. **Please note you must have a valid membership at the start date of the program to receive the discount or be able to register for the program.**

| 55+ Membership Activity Groups | | | |
|--------------------------------|---|---|--|
| Monday | Pottery Xin Jiang Dance | 10:15am - 2:15pm 9:30am - 11:30am | Surrey Arts Centre North Surrey Sport & Ice Complex |
| Tuesday | Carpet Bowling Painting Choir Table Tennis | 9:30am - 12:00pm 9:30am - 12:30pm 12:30pm - 2:30pm 1:00pm - 3:00pm | Chuck Bailey Chuck Bailey Chuck Bailey Chuck Bailey Chuck Bailey |
| Wednesday | Pickleball Xin Jiang Dance | 9:30am - 11:30am 9:30am - 11:30am | Chuck Bailey North Surrey Sport & Ice Complex |
| Thursday | Carpet Bowling Table Tennis Knitting & Crafting | 9:30am - 12:00pm 1:00pm - 3:00pm 1:00pm - 3:00pm | Chuck Bailey Chuck Bailey Chuck Bailey |
| Friday | Bridge | 12:30pm - 3:00pm | Chuck Bailey |
| Saturday | Bingo | 11:00am - 1:30pm | Chuck Bailey |
| Daily | Snooker & Pool | During facility operating hours. | Chuck Bailey |

RECREATION SURREY Healthy Communities. Active Together.

Uhalley SENIORS

Sunrise Café Monday - Friday 10:00am - 2:00pm

Our café offers a casual setting for you to enjoy a meal and socialize with other members of the community. Enjoy a variety of baked goods, soups, sandwiches, hot beverages, and omelettes, available daily. Tuesday through Thursday, a hot lunch menu option is offered until meals run out. **Please note that the café is closed from December 25 - January 1.**

| Dec 3 | Shepherds Pie | |
|--------|---------------------------|--|
| Dec 4 | Ribs | |
| Dec 5 | Oven Baked Chicken Thighs | |
| Dec 10 | Wonton Soup | |
| Dec 11 | Roasted Pork | |
| Dec 12 | Chicken Pot Pie | |
| Dec 17 | Chicken Schnitzel | |
| Dec 18 | Turkey | |
| Dec 19 | Beef Strips and Rice | |
| Dec 24 | Perogies | |

We would like to extend our gratitude to our café team! Our staff and volunteers have spent countless hours serving our community with excellence and a smile. Thank you so much for all you do!

Choir Concert

December 7 | 2:00pm - 4:00pm Chuck Bailey Recreation Centre Come and enjoy some good music in the multipurpose room by listening to the beautiful voices of Chuck Bailey's very own choir group in their year end concert!

VIEW Online

surrey.ca/enews.

Gingerbread Village

December 2 - 10 | Central City Shopping Centre | 10153 King Georg Blvd

Come participate in the Central City Shopping Centre Gingerbread Village! Participants are asked to use gingerbread to depict what they want Surrey to look like 10, 20 or even 50 years from now in honor of the theme "Tomorrow's Surrey, Today's Gingerbread." Judges will be awarding up to \$1000 in each category. Learn more and apply by visiting the following link: <u>https://</u>

www.downtownsurreybia.com/Events/

<u>GingerbreadVillage</u>. Entry forms are to be emailed to stella@downtownsurreybia.com by November 28^{th,} 2024.

Noel Holiday Light Festival

November 28 - December 23 | 4:00pm - 9:00pm Cloverdale Fairgrounds | 17905 62 Ave #17607

The Noel Festival is making its exciting debut in Cloverdale this year! Noel is a light festival that brings people together to embrace the joy and wonder of the holiday season. With dazzling light installations and enchanting holiday décor, this festive atmosphere is perfect for families, friends, and all holiday enthusiasts. **Tickets are \$15 for adults aged 65+**. To purchase tickets, or to find more information do visit the following link: https://www.noelfestival.com/.

Royal City Youth Ballet Company -The Nutcracker

December 6 - 8 | 1:00pm - 4:30pm Surrey Arts Centre | 13750 88 Ave Watch the artistry of holiday magic in The Nutcracker this holiday season with RCYB's annual full-ballet. Tickets are \$40.25 for

Bear Creek Christmas Train

December 1 - 31 | 10:00am - 4:30pm December 4 - 29 | 6:00pm - 10:00pm Bear Creek Park | 13750 88 Ave The Bear Creek Christmas train is ready to spread holiday joy by offering a day time train and a night time train.

Ticket prices start at \$11.50 per person. For more information do visit the following link <u>https://www.bctrains.com/</u>.

Breakfast With Santa

Saturday, December 14 | 9:30am - 11:00am Chuck Bailey Recreation Centre | 13458 107a Ave

Join your child in playing games and enjoying a variety of tasty breakfast foods with Santa! **Price is \$11 per person**. If registration is full, we encourage you to join the waitlist. Please ensure you register each individual in your group. To register do visit the following link: <u>https://www.surrey.ca/news-events/events/</u> <u>holiday-activities-surrey.</u>

Upcoming Tournaments Bridge Tournament

Friday, December 6 | 11:00am - 3:00pm Friday, January 3 | 11:00am - 3:00pm Chuck Bailey Recreation Centre Registration is required for all drop ins and

tournaments. Please stop by our front desk or call 604-598-5898 for more information and to register.

Seniors Lounge

Our Seniors Lounge is open for those with a Seniors Services Pass. Come sip on coffee, read a book, or play a game of cards with your friends! Open during facility operating hours.

Bus Trips

Looking for a day trip? Register for one of our Bus Trips. Food is not included, unless stated, but is often able to be purchased at the destination. **Completion of a Medical Form is required prior to the trip.**

Fall | Registration Open!

Vancouver Christmas Market Bus Trip - 55+

Thursday, December 12 | 3:30pm - 8:00pm Members: \$44 | Non Members: \$49 Chuck Bailey Recreation Centre Discover handcrafted gifts, delicious food and drink, and entertainment for the entire family. This annual festive celebration creates the perfect atmosphere of holiday entertainment! Price of admission included.

Special Café Day

Come and participate in the holiday cheer with our 'poke - a - holiday tree' activity taking place on December 17, 2024 during our café hours!

Evening Carol Sing

Saturday December 14 | 6pm - 7pm or 7pm - 8pm Historic Stewart Farm | 13723 Crescent Rd Sing your heart out during a festive evening of carols, treats and good company in the charmingly decorated Stewart Hall. Admission is \$6.15 per session.

Literature Club Seniors

Tuesday December 17 | 2:30pm - 3:30pm Online - Brella Seniors Society

Do you like listening to short stories, poems, and other literary work? Would you also like to be able to engage in discussion with others about literature? Then the Literature Club for Seniors is for you! Every week features a different literary piece read by a staff member. All programs can be joined by telephone. **Registration is required. Contact the Digital Inclusion Coordinator Isaiah Clemente by sending an email to Isaiah.Clemente@brellasociety.ca or by**

adults aged 55+. For more information or to purchase a ticket visit the following link <u>https://www.royalcityyouthballet.org/buy-</u> <u>tickets</u>.

Chuck Bailey Recreation Centre 13458 107A Ave | 604-598-5898

North Surrey Sport & Ice Complex 10950 126A St | 604-591-4410

Surrey Arts Centre 13750 88 Ave | 604-501-5566

Drop In Chair Exercises - 13+

Fridays | 10:30am - 11:30am
Chuck Bailey Recreation Centre
Work out without the ups and downs of a regular fitness class. Each class includes a cardio warm-up, muscle strengthening
exercises, stretches and a cool-down session, all from the seat of your chair.

phoning 604-531-9400 extension 220.

Happy Holidays

We would like to wish everyone a joyous holiday season and a happy new year!

surrey.ca/seniors

