



RECREATION SURREY
Healthy Communities. Active Together.

Welcome!

The Guildford Recreation Centre is located in the heart of Guildford. We are a multigenerational facility offering adults 55+ a wide range of activities. We strive to meet our community needs at every level, including fitness, health and wellness, games, bus trips, special events and more. We welcome you to visit our lounge and meet some of our members.

Hours of Operation—Recreation Centre:

Monday to Friday: 6am - 9pm Saturday and Sunday: 6am - 8pm **Phone Number:** 604.502.6360

Lounge:

Monday to Friday: 9am - 4pm

Food Services:

Monday to Friday: 10:30am - 1:30pm

Bus Drop Off at Guildford Exchange Bay 1/3: R1, 320, 326, 335, 337, 375, 501, and 509

Memberships

Seniors Services Memberships \$30.00

The Seniors Services Membership provides members with City-wide access to:

- Free volunteer-led drop-in activities
- Discounted pricing on select registered programs and special events
- ♦ Discounted pricing on bus trips
- ♦ 55+ gymnasium drop-in programs

Note: The purchase of a one year Seniors annual recreation facility pass includes a Seniors Services membership.

Kitchen Services

Stop by the upstairs Lounge from Monday to Friday for snacks and hot drinks!

Menu:

Coffee/ Tea / Hot Chocolate—\$1.45

Muffins —\$1.45

Scones / Banana Bread—\$1.95

Toast—\$1.00

Bagel—\$2.00

Grilled Cheese—\$4.00

Turkey / Specialty Sandwiches—\$4.10

Specialty Luncheon —55+

Start your Christmas season with a festive bang at our Specialty Luncheon! Enjoy a delicious festive meal of meatloaf, creamy mashed potatoes, and roasted vegetables, crowned with a slice of red velvet cake. We're thrilled to present the talented Peter Montgomery as our afternoon entertainment. We look forward to celebrating the holidays with you!

Thursday, December 12 12pm-2:30pm Members \$15.50 | Non-Members \$17.50 Multipurpose Room 3 Course ID: 408035

Community Spotlight

Name: Patsy



Our month's community spotlight is Patsy!
Patsy has been coming to Guildford since 2004.
She volunteers in our Kitchen, Carpet Bowling,
and Advisory Committee. Patsy strives to
welcome all people in our Lounge.

Patsy's story is as rich as her contributions. Born in a little village in England, she grew up mastering the piano, violin, and cello. Patsy's passion for the arts led her to attend post-secondary, studying to become a teacher specializing in music, drama, and art. Patsy went on to teach in elementary schools as an all-subject teacher.

At home, Patsy and her husband, David raised five children and their family grew to eleven grandchildren with another on the way! Patsy loves writing short stories, watching movies, and reading, especially biographies and the history of England.

A huge thank you to Patsy for all her dedication she brings to the community. Please say hi when you see her!

VIEW Online

You can receive this newsletter by email. Sign up for Seniors Recreation & Events at surrey.ca/enews.

Holiday Jammers

Every year, the Jammers bring the community together for their annual holiday-themed Jammers event! It's a spectacular celebration where music, joy, and festive spirit come alive. Join the Jammers for an unforgettable morning packed with delightful performances. Come alone or bring a loved one to celebrate the holidays together!

Friday, December 20 10:30am-12:30pm Multipurpose Room 3



Program Spotlight— Scrabble

Our scrabble players welcome players of all skill levels to join skills the scrabble group. If you enjoy challenging your brain or simply getting to meet new people while learning a new game, they are happy to teach you!

Fridays 9:30am-1pm Lounge





Priority Registration

This winter, the City of Surrey is introducing priority registration for seasonal registered programs (does not currently include drop-ins). This initiative will make it easier for Surrey residents to register for programs. Surrey residents will be able to sign up on these following dates:

Most Programs (Surrey Residents): Sunday, November 24 at 9pm

Aquatic Programs (Surrey residents): Sunday, December 8 at 9pm.

Non-residents can sign up for all programs starting:

Sunday, December 15 at 9 p.m.

Surrey Bus Trips

Looking for a day trip? Register for one of our Bus Trips! Reminder that food is not included unless stated, but is often purchased at the destination. Completion of a Medical Form is required prior to the trip.

Vancouver Christmas Market Bus Trip—55+

Discover handcrafted gifts, delicious food and drink, and entertainment. This annual festive celebration creates the perfect atmosphere of holiday fun. Price of admission included.

Thursday, December 12
Pick-up at Chuck Bailey Recreation Centre
3:30pm-8pm
Members \$44.00 | Non-Members \$49.00
Course ID: 401134

Thursday, December 17
Pick-up at Fleetwood Community Centre
3:30pm-8pm
Members \$44.00 | Non-Members \$49.00
Course ID: 401135



Seniors 3 Free Pass

The Seniors 3 Free Pass will grant a 55+
newcomer three free drop-ins to try any
activities included in the Senior Services
Membership. This pass is eligible to new
members only and one pass per person.
Recommend a friend or family member today
to join any participating recreation facility in
the City of Surrey! If interested, please
contact:

Gabriel at

Email: gabriel.garcia@surrey.ca Phone: 604.591.4642



Guildford 55+ Member Activity Groups		
MON to FRI	Badminton	8:15am-9:45am & 10am-11:30am
	Lounge 9am-4pm (Coffee & baked goods 10:30-1:30pm)	
	Carpet Bowling	10:30am-12:30pm
MON	Pickleball	11:45am- 1:15pm & 1:30pm-3pm
	Canasta	12pm-2pm
	Ukelele	2pm– 4pm
	Lounge 9am-4pm (Coffee & baked goods 10:30-1:30pm)	
TUES	Table Tennis	9am-11am
	Pickleball	11:45am-1:15pm & 1:30pm-3pm
	Lounge 9am-4pm (Coffee & baked goods 10:30-1:30pm)	
WED	Canasta	12pm-2pm
	Knitting (P.U.R.L.S)	1pm-3pm
	Lounge	9am-4pm
THU	Pickleball	goods 10:30-1:30pm) 11:45am-1:15pm &
	-	1:30pm-3pm
	Ballroom Dance	1pm-3pm
	Lounge (Coffee & baked o	9am-4pm goods 10:30-1:30pm)
	Scrabble	9:30am-1pm
	Live Music (Jammers	<u> </u>
		(not first Friday)
FRI	Pickleball	11:45am-1:15pm
	Canasta	12pm-2pm
	Cribbage Tournamen	t 12pm-3:30pm (first Friday only)

55+ Staff Team

Gabriel—Community Services Programmer

Phone: 604.591.4642

Table Tennis

Email: gabriel.garcia@surrey.ca

Mikayla—Community Services Coordinator

Phone: 604.502.6247

Email: mikayla.francis@surrey.ca

Coffee Chat With Gabriel

With the new year around the corner, we're eager to hear your suggestions for community activities. Join us in the Seniors Lounge on December 18 to meet with Gabriel, our dedicated 55+ programmer to share your ideas and suggestions.

Wednesday, December 18 10am-1pm



Drop in or book a 15-30 minute slot by contacting Gabriel at:

Email: gabriel.garcia@surrey.ca

Phone: 604.591.4642



Fall Cribbage Tournaments

Registration is open for the Fall Cribbage
Tournaments. Participants are invited to
challenge other players in this engaging
cribbage tournament. Knowledge of cribbage, a
partner, and pre registration is required. The
dates below are for Guildford tournaments
only:

Friday, December 6 12pm-3:30pm

Course ID: 395224
Friday, January 3

12pm-3:30pm Course ID: 395488



Save the Date

<u>Social Luncheon—55+</u>

Thursday, February 13

12pm-2pm

2:30pm-4:30pm

(not first Friday)

Members \$10.50 | Non-Members \$12.50

Social Luncheon—55+

Thursday, March 13

12pm-2pm

Members \$10.50 | Non-Members \$12.50

Registration Dates:

Surrey Residents: Sunday, November 24 at

9pm

Non-residents: Sunday, December 15 at 9pm.

Guildford Seniors' Centre 15105 105 Avenue, V3R 7G8

