



Welcome

The Fleetwood Community Centre is located in the heart of Fleetwood Town Centre. This multigenerational facility offers a wide variety of volunteer lead activities and fitness for adults 55+. We strive to meet the community's needs including fitness, health and wellness, bus trips, special events and more. Discover our facility today!

15996 84 Avenue, Surrey, BC V4N 0W1

Monday to Friday: 7:30am - 9pm

Saturday & Sunday: 8am - 5pm

Closed on Statutory Holidays

Phone: (604) 501-5030

Memberships

Seniors Services Membership

The \$27.50 Seniors Services Membership grants access to volunteer led 55+ activities held in all Surrey Recreation Facilities for one year.

Annual Recreation Passes

An Annual Recreation Pass will allow you access to all Surrey pools, arenas, weight rooms, and drop-in fitness classes. Did you know it also includes Seniors Services Membership?

60 Years - 69 Years—\$416.25

70 Years and older—\$138.75

BC Seniors Games

Fleetwood Carpet Bowling members were successful in a couple of tournaments in April and May, including the BC Seniors Games. A big congratulations to the tournament winners!



55+ Staff Team

Colleen Jeffrey – 55+ Coordinator

Jake Coey – 55+ Programmer

Registered Programs

Line Dance - Beginner

Learn line dancing basics, dance combinations and routines. No partner or experience needed.

Fleetwood Community Centre

July 8th – August 26th Mondays: 7 Sessions

Course ID: 388754 4:15 – 5:15pm

Ages 55+ Member: \$33.60 Non-member: \$44.80

Course ID: 388755 5:15 – 6:15pm

Ages 19+ Fee: \$44.80

Spanish - Beginner - Adult

Learn basic Spanish vocabulary, pronunciation and phrases to help build conversational skills and comprehension.

Fleetwood Community Centre

Mondays: 7 Sessions

July 8th – August 26th 5:00pm - 6:30pm

Course ID# 388760 Fee: \$60.90

Spanish - Intermediate - Adult

Build on basic Spanish skills. Learn to build sentences and phrases to start to express ideas. For intermediate skill levels.

Fleetwood Community Centre

Mondays: 7 Sessions

July 8th – August 26th 6:45pm - 8:15pm

Course ID# 388761 Fee: \$60.90

Hawaiian Dance – Beginner – 55+

Learn the basics of playing guitar including chords and finger placement. Must bring your own guitar.

Fleetwood Community Centre

Mondays: 7 Sessions

July 8th – August 26th 10:30am – 12:00pm

ID#388747 Member: \$50.40 Non-member: \$67.20



55+ Seniors Services Membership Activities		
Monday	Bingo	1:00pm - 3:00pm
	Ballroom Dance	1:00pm - 4:00pm
Tuesday	Coffee Social	9:00am - 12:00pm
	Bridge	12:30pm - 3:30pm
	Ballroom Dance	1:00pm - 4:00pm
Wednesday	Table Tennis	6:30pm – 8:00pm
	Knitting & Crocheting	9:00am - 12:00pm
	Coffee Social	10:00am - 12:30pm
Thursday	Table Tennis	12:00pm - 1:30pm
	Crib	12:30pm - 3:00pm
	Social in Mandarin	9:00am - 12:00pm
Friday	Seniors Services Connector	10:00am-12:00pm
	Mahjong	12:30pm – 4:30pm
	Carpet Bowling	1:00pm - 3:00pm
	Table Tennis	6:30pm – 8:00pm
	Coffee Social	10:00am – 12:30pm
M - F	Women's Social in Punjabi	10:00am - 1:00pm
	Table Tennis	2:00pm - 3:30pm
	Badminton	7:00pm – 9:00pm
Saturday	SEEP	2:00pm - 6:00pm
Saturday	SEEP	12:30pm - 4:30pm

Drop-in Table Tennis

Come try out Table Tennis at one of our weekly drop-in times. Now available in the evenings!

Tuesdays 6:30pm - 8:00pm

Wednesdays 12:00pm - 1:30pm

Thursdays 6:30pm - 8:00pm

Fridays 2:00pm - 3:30pm

Drop-in Badminton

If you're looking for a place to play badminton indoors during the summer heat, Fleetwood has you covered. We have two courts available. Now running every week!

Friday 7:00pm - 9:00pm

Drop-in Mahjong

Join a game of Mahjong. New players welcome. Seniors Services Membership required.

Thursdays 12:30pm – 4:30pm

Summer Scheduling

You may notice a slight change in our scheduling during the summer. We host quite a few summer camp programs, which may impact a small number of 55+ activities. Please see the front desk staff for more information, or an updated schedule pamphlet.

Movie Afternoon

Enjoy an afternoon of film. Movies range from classics to contemporary.

Cloverdale Recreation Centre

Tuesday, July 16th

1:00pm-3:00pm Event ID# 388786

Newton Seniors Centre

Wednesday, August 7th

1:00pm-3:00pm Event ID# 383625

Cloverdale Recreation Centre

Tuesday, August 20th

1:00pm-3:00pm Event ID# 388787

Want to volunteer?

Volunteering at the City of Surrey is an enriching, fulfilling experience. Volunteer opportunities are available in a variety of activities at the Fleetwood Community Centre and throughout the City. For information, please connect with recreation centre staff and/or contact Volunteer Resources by phone at 604-598-5863 or email at volunteer@surrey.ca.

We are currently looking for an additional volunteer to support our drop-in BINGO program on Mondays from 1:00pm-3:00pm.

Crossword Puzzle

Across

1. Popular snack served in a bun
4. Feeling sick or nauseous
5. The amount of money you pay to enter a certain place
6. A spooky attraction
8. A small structure or stand with merchants
9. Feelings of excitement or fear
13. A large wheel with passenger cars
15. A small item that is kept as a reminder of a place
17. A small, round object used as payment for rides or games
18. A high speed, looping ride
19. A rotating platform ride with seats
20. Where people queue up for rides
21. A place where you can buy light meals
22. A large outdoor event with games, rides, and entertainment

Down

2. A famous and popular amusement park located in California
3. Activities that you can participate in at a theme park or fair
7. Small temporary structure at a fair where goods are sold
9. Small piece of paper that grants entry
10. Person who claims to predict the future
11. Items which can be won by playing games
12. Another term for a carousel
13. A special pass that allows you to skip lines
14. A large amusement park that follows a specific concept
16. An experience of being moved quickly and thrillingly, often on a mechanical device

Save The Date!

Cribbage Tournaments

Guildford Recreation Centre ID# 395199
Friday, July 5th 12:00pm - 3:30pm

Cloverdale Recreation Centre ID# 388790
Friday, July 12th 12:00pm - 3:30pm

Newton Seniors Centre ID# 393589
Friday, July 19th 12:00pm - 3:00pm

Fleetwood Community Centre ID# 390790
Friday, July 26th 12:00pm - 3:00pm

Guildford Recreation Centre ID# 395200
Friday, August 2nd 12:00pm - 3:30pm

Cloverdale Recreation Centre ID# 388791
Friday, August 9th 12:00pm - 3:30pm

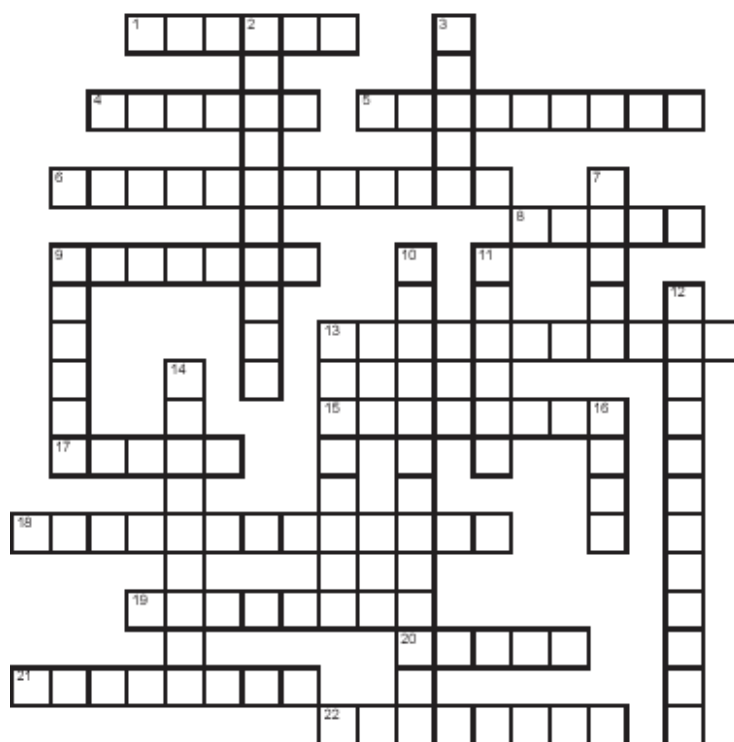
Bridge Tournaments

Chuck Bailey Recreation Centre ID# 382617
Friday, July 5th 11:00am - 3:00pm

Cloverdale Recreation Centre ID# 388788
Tuesday, July 30th 11:00am - 3:00pm

Chuck Bailey Recreation Centre ID# 382618
Friday, August 2nd 11:00am - 3:00pm

Cloverdale Recreation Centre ID# 388789
Tuesday, August 27th 11:00am - 3:00pm



55+ Group Fitness

Drop-in Fit 55+

Enjoy moderate intensity exercise consisting of low-impact cardio followed by muscle conditioning and relaxing stretch techniques.

Tue, Wed, Thu 10:30am - 11:30am

Drop-in Circuit Training 55+

Learn your way around the weight room. Use the equipment in a circuit format and learn what muscle groups each machine is used for. Proper form for improving cardio and strength is demonstrated.

Mon, Wed, Fri 9:00am - 10:00am

Drop-in Chair Exercises

Enjoy a workout that includes a cardio warm-up, muscle strengthening exercises, stretches and a cool-down session, all from the seat of your chair.

Wednesdays 10:30am - 11:30am

Armchair Traveler

Join Surrey Libraries and Recreation Surrey for online presentations from the comfort of your own home- or in person at one of our facilities! Travel to different destinations around the world through the world of documentaries. Enjoy photos, and video during these sessions with an opportunity for some discussion and sharing once the presentation is over.

Cloverdale Recreation Centre

Tuesday, July 2nd 1:00pm - 3:00pm
Event ID# 388784 Fee: \$5.50

Newton Seniors Centre

Wednesday, July 3rd 1:30pm - 2:30pm
Event ID# 383624 Fee: \$5.50

Online

Wednesday, June 10th 1:30pm - 2:30pm
Event ID# 390372 Free

Cloverdale Recreation Centre

Tuesday, August 6th 1:00pm - 3:00pm
Event ID# 388785 Fee: \$5.50

WALKit Activity Program

Free admission for all walks.

Unwin Park – Newton Walk Wed, July 3rd
9:00am-10:30am Event ID# 387305

Unwin Park – Newton Walk Fri, July 5th
9:00am-10:30am Event ID# 387383

Bear Creek Park Nature Walk Wed, July 10th
9:00am-10:30am Event ID# 387309

Bear Creek Park Nature Walk Fri, July 12th
9:00am-10:30am Event ID# 387384

Blackie Spit – Crescent Beach Wed, July 17th
9:00am-10:30am Event ID# 387314

Blackie Spit – Crescent Beach Fri, July 19th
9:00am-10:30am Event ID# 387385

Mud Bay Park Wed, July 24th
9:00am-10:30am Event ID# 387318

Mud Bay Park Wed, July 26th
9:00am-10:30am Event ID# 387387

Surrey Nature Walks

Join a guided nature walk around the Surrey Nature Centre and Green Timbers Park. Walks are designed for all ages and will go rain or shine. Free admission for all walks.

Surrey Nature Centre Sat, July 13th
10:00am - 10:45am Event ID# 369449

Surrey Nature Centre Wed, July 24th
10:00am - 10:45am Event ID# 388043

Surrey Nature Centre Sat, August 10th
10:00am - 10:45am Event ID# 388044

Surrey Nature Centre Wed, August 21st
10:00am - 10:45am Event ID# 388041