

# Cloverdale

RECREATION SURREY Healthy Communities. Active Together.

## Welcome!

#### **Cloverdale Recreation Centre**

The Cloverdale Recreation Centre is located in the heart of Cloverdale. We are a multigenerational facility offering adults aged 55+ a wide range of activities. We strive to meet our community needs at every level including fitness, health & wellness, games, bus trips, special events and more.

#### **Facility Hours of Operation**

Monday - Friday 6:00am-10:00pm Saturday 7:00am-7:00pm Sunday 7:00am-5:00pm

#### **Clayton Community Centre**

The Clayton Community Centre is Surrey's newest community centre that combines arts, library, and recreation amenities into one facility. It is located in the fast growing community of Clayton Heights.

#### **Facility Hours of Operation**

Monday - Friday 6:00am-9:00pm Saturday 7:00am-7:00pm Sunday 7:00am-5:00pm

## **55+ Team**

Feel free to call, email or stop by if you have any questions or to say "Hello!".

### **Cloverdale Recreation Centre**

**Brandy** - 604-502-6409 Brandy.Levington@surrey.ca

**Erin C.** - 604-592-7075 Erin.Cooper@surrey.ca

Rosanna - Head Cook

### Clayton Community Centre

**Brandy** - 604-502-6409 Brandy.Levington@surrey.ca

Beverley - Beverley.Rennicks@surrey.ca

## Clayton Community Centre Maintenance

Full Facility Closure: August 20 to 27, 2024

Starting from August 20 to 27, 2024, there will be a full closure of the Clayton Community Centre to accommodate equipment servicing and repairs, safety improvements and functional upgrades to various areas of the facility.

The centre will re-open August 28, 2024.

## VIEW Online

You can receive this newsletter by email. Sign up for Seniors Recreation & Events at surrey.ca/enews.

## **Seniors Services Membership**

### **Citywide Programs & Services**

Senior Services Memberships are valid at any of our recreation centres that offer seniors activities and programs. Seniors can participate in all of our town centres using their membership. The Senior Services Membership fee is \$27.50 annually.

## 55+ Membership Activity Groups Cloverdale Recreation Centre

MON	Quilters	9:30am-12:30pm
	Cribbage	1:00pm-3:00pm
	Guitar	1:00pm-3:00pm
	Stamp Group	1:00pm-3:00pm
	*4th Mon. only	
	Pickleball	12:00pm-2:00pm
TUE	Painting	12:30pm-2:30pm
	Fiddlers Group	1:00pm-4:00pm
	Social in Punjabi	1:00pm-3:00pm
	Table Tennis	1:00pm-3:00pm
WED	Knit & Chat	10:00am-12:00am
	Ukulele	10:00am-12:00pm
	Poker	11:30pm-4:00pm
	Pickleball	12:00pm-2:00pm
	Scrabble	12:30pm-2:30pm
	Bingo	1:00pm-3:00pm
THU	Computer Group	10:00am-12:00pm
	Pickleball	10:30am-12:30pm
	Mahjong	12:00pm-3:00pm
	Bluegrass &	1:00pm-4:00pm
	Roots Jam	
FRI	Pickleball	9:00am-11:00am
	Woodcarvers	9:00am-11:00am
	Table Tennis	1:00pm-3:00pm

## 55+ Membership Activity Groups Clayton Community Centre

MON	Knit & Crafts	10:00am-12:00pm
TUE	Seep Card Group	11:00am-2:00pm
THU	Seep Card Group	11:00am-2:00pm
FRI Drop In Social		10:00am-12:00pm
	Electric Guitar	10:00am-12:00pm

## **55+ Registered Fitness**

### **Clayton Community Centre**

Chair Yoga 55+

Registration Required 1:00pm-2:00pm

Mon, Sept 16-Nov 4 Event # 00401080

\$42.60 Members/ \$56.70 Non-Members

#### **Circuit Exercises 55+**

Registration Required 10:45am-11:45am Wed, Sept 18-Oct 30 Event # 00401294

\$49.70 Members/ \$60.55 Non-Members

#### Circuit Exercises 55+

Registration Required 9:00am-10:00am
Fri, Sept 20-Nov 1 Event # 00401287

\$49.70 Members/ \$60.55 Non-Members

## **55+ Drop-in Fitness**

### **Cloverdale Recreation Centre**

Ball, Balance & Strength 55+

Monday 10:45am-11:45am

Gentle Yoga

Tuesday 8:00pm-9:00pm

Sunday 9:00am-10:00am

Fit 55+ Lite

Wednesday 10:45am-11:45am

### **Clayton Community Centre**

Fit 55+

Tuesday & Thursday 9:15am-10:15am

Ball, Balance & Strength 55+

Tuesday 10:45am-11:45am Friday 9:30am-10:30am

### Register to secure your spot.

\*Schedule subject to change.

\*Drop-In fees or Full Facility Membership required. See facility schedule for annual/monthly membership prices.

With a Full Facility Membership - Free Seniors (70+) \$2.00 Seniors (60-69) \$5.75 Adult (19-59) \$7.50

## **Seniors Services Membership**

Starting in September, the Seniors Services Membership will be increasing to \$30 a year. If your membership has expired now is a great time to renew before the price increase!

## **Returning Soon!**

Our luncheons are returning to Cloverdale Recreation Centre this Fall! Register today for September-December dates!



## VanDusen Gardens Bus Trip

Explore the grounds, stroll through the rose garden and be mesmerized by nature.

Admission included. Must bring or purchase food.

Tuesday, September 10

Cloverdale Rec. Centre Registration Required 8:30am-2:30pm Event # 00402539

Clayton Community Centre Registration Required

9:00am-3:00pm Event # 00402547

\$34.00 Members/ \$39.00 Non-Members

## Transportation Forum

Enjoy an opportunity to learn about transportation options, pedestrian and personal safety, public transit and city transportation updates. All ages welcome and refreshments provided.

Sat, Sept 14 10:00am-3:00pm Free!

Registration Required Event # 00401125

**Cloverdale Recreation Centre** 

## **SUDOKU**

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## **Save the Date**

For more information about "Save the Date" please call 604-598-7960.

#### August - 5 B.C. Day

T	August 6	Armchair Travel
F	August 9	Cribbage Tournament
Т	August 20	Movie Afternoon
Т	August 27	Bridge Tournament

#### September 2 - Labour Day

T September 3 Armchair Travel

F September 13 Cribbage Tournament

T September 17 Movie Afternoon

T September 24 Bridge Tournament

September 30 - National Day for Truth and Reconciliation

## **Armchair Travel**

Immerse yourself in a different culture each month through video and food samples!

Destination: Hawaii

Tues, August 6 1:00pm-3:00pm \$5.50

Registration Required Event # 00388785

**Cloverdale Recreation Centre** 

## **Movie Afternoon**

Stop by for a **free** movie and a snack with friends!

Showing: My Big Fat Greek Wedding

2002 - Comedy

Starring: Nia Vardalos, John Corbett, Michael Constantine

A young Greek woman falls in love with a non-Greek and struggles to get her family to accept him while she comes to terms with her heritage and cultural identity.

Tues, August 20 1:00pm-3:00pm Free!

Registration Required Event # 00388787

**Cloverdale Recreation Centre** 

## The Clayton Market

Come check out this open air market every other Sunday featuring 70+ farmers, makers, small businesses and more! This market is free to attend and everyone is welcome!

Aug 11 & 25 and Sept 8

10:00am-3:00pm

**Clayton Community Centre** 

## **Food Services**

Stop by the 2nd floor lounge to enjoy fresh made soup, sandwiches and baked goods! Hot Meals are served Wednesdays between 11am-1:30pm, while supplies last.

Monday-Friday 9:00am-2:00pm

\*hours subject to change

### \$7 Hot Meals

W August 7 Roast Beef Sandwich
 W August 14 Turkey Club Sandwich
 W August 21 Tropical Waffle Bowl
 W August 28 Sausage Pesto Penne

## Program Spotlight: Spanish - Adult

#### **New Time**

Learn basic Spanish vocabulary, pronunciation and phrases to help build conversational skills and comprehension during our new daytime class!

#### Spanish - Beginner

Registration Required 2:15pm-3:45pm

Thurs, Sept 12-Oct 24 Event # 00404153

\$63.70 Members/ Non-Members

**Cloverdale Recreation Centre** 

## Program Spotlight: Guitar - Adult

### **New Day**

Grab your acoustic guitar on Wednesday evenings and learn or build on your guitar skills. Learn chords, finger placement, tablature and more!

### Guitar - Beginner

Registration Required 6:00pm-7:00pm

Event # 00400290

Event # 00400295

\$46.90 Members/ Non-Members

### **Guitar - Intermediate**

Wed, Sept 18-Oct 30

Wed, Sept 18-Oct 30

Registration Required 7:15pm-8:15pm

\$46.90 Members/ Non-Members

## Cloverdale Recreation Centre

Cloverdale Recreation 604-598-7960 6188 176 Street

Clayton Community Centre 604-502-6300 7155 187A Street

